COVID-19 Patient Treatment Guidelines



THE FOLLOWING PROCESS SHOULD BE FOLLOWED IF APPROACHED BY ANY PATIENT WHILE ON PATROL:

Ask all patients the following questions before treatment:

1

HAVE YOU TRAVELLED TO A KNOWN COVID-19 HOTSPOT IN THE LAST 14 DAYS?

2

HAVE YOU BEEN
DIAGNOSED YOURSELF,
OR BEEN IN CONTACT
WITH SOMEONE WHO
HAS COVID-19 IN THE
LAST 14 DAYS?

3

DO YOU CURRENTLY,
OR HAVE YOU HAD ANY
OF THE FOLLOWING
SYMPTOMS IN THE
LAST 14 DAYS: FEVER,
COUGH, RUNNY
NOSE, SHORTNESS
OF BREATH?

NO

If the patient or their guardian answers NO to all questions:

Provide assistance, with a heightened awareness for COVID-19. Use PPE and follow hygiene principles.

YES

If the patient or their guardian answers YES to any of the questions:

- 1. Move to a safe distance to avoid the risk of infection
- 2. Isolate the patient, if possible
- 3. If available, provide the patient with a P2/N95 mask or surgical mask and instruct them on how to fit it (unless this will aggravate any existing breathing difficulties)
- 4. Reassure the patient and call 000/SurfCom for assistance Treatment should only continue if you can do so from a safe distance. If you can remain at a safe distance of at least 1.5m in a well-ventilated area, provide reassurance and assist the patient as best you can. You may need to talk them through first aid steps, including how to apply a bandage, clean a wound, remain still for a spinal injury. If it is not life-threatening, refer

them to seek further medical assistance, instructing them to

If you are unable to treat the patient from a safe distance, provide reassurance and call 000/Surfcom for assistance, mention your COVID-19 concerns.

call ahead. All waste needs to be placed into a medical

UNRESPONSIVE

If it is a life-threatening situation and the patient cannot respond to questions:

Ensure your own safety as a priority, including the use of a P2/N95 mask, eye protection and gloves. If no P2/N95 mask is available use a surgical/P1 mask.

Upon completion of care remove and dispose of PPE correctly.

Note: If you are in a COVID-19 hotspot or you suspect there is a risk of COVID-19 you should follow the *DRSABCD if there is a risk of COVID-19* chart.

disposal bin.